



Employee Assistance Program.

Feel supported and connected with expert advice and access to online resources from TELUS Health EAP, a confidential employee assistance program.

Getting started with TELUS Health is easy.

- 1 Download the TELUS Health One app or visit one.telushealth.com
- 2 Open the app, click on 'Log in' and enter your shared log-in credentials.

Username: **Lifeworks1**

Password: **@OTIPTL123**



Contact TELUS Health any time, 24/7, for support:

1-800-668-0193

Connect online: one.telushealth.com or by mobile.

